



The Fullerton Arboretum
1900 Associated Road
Fullerton, CA 92831
Main (714) 278-3407
Fax (714) 278-7066
www.fullertonarboretum.org

News Release

Contact: Mark Costello
Manager, Friends of the Fullerton Arboretum
Direct: (714) 278-8347
Email: mcostello@fullerton.edu

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“Herb Weekend” Returns To the Fullerton Arboretum May 30 & 31

(Fullerton, CA)--The Fullerton Arboretum will be hosting its annual “Herb Weekend” at The Potting Shed, located on the grounds of the Arboretum, May 30 & 31, 2009. For those who like to cultivate, cook, smell, taste and enjoy the beauty of herbs, this event has everything to offer. A large variety of herbs will be for sale.

This year, herb aficionados will not only find the largest variety of herb plants available in the region, but all the herbs they need to spice up the kitchen and beautify the garden. Visitors will also be treated to many varieties of specialty herbs that can be used to create different types of gardens. The Potting Shed will offer herbs for sale to help create the perfect herb garden for you. Whether it is an herbal kitchen garden or just beautiful perennial herbs you are looking for, this is the event you don't want to miss.

For your everyday cooking you will want to try:

Herbs strong enough for accent -- sweet basil, dill, mint, sweet marjoram, tarragon, thyme

For that special summer evening light dinner you will want to try:
Herbs for blending -- chives, parsley, summer savory.

For flavoring meat and poultry, you will want to try:
Strong herbs -- winter savory, rosemary, sage.

So don that chefs' apron, put on those gloves, and get ready for the best herb garden you have ever grown. Herb gardens are beautiful and beneficial and they will delight your senses for months or years to come.

Hundreds of common and uncommon herb varieties will be available to help you create your own herb garden. Gourmet varieties offered include Exotic Basils, Lemon Grass and Black Peppermint. In the Fragrant Herb group, try Lavenders, Lemon Catmint or Thyme. For truly Culinary Classic herbs, consider Greek Oregano, Sweet Marjoram and Rosemary.

Create a specialty Herbal Tea Garden and drink fresh ice tea all summer. Warm yourself from the cold in winter with herbal teas. Tea and gardens go together. You can have tea in the garden, or you can have a garden dedicated to herbs that make tea. "Taking tea" invokes images of a more leisurely era. Who can forget the Mad Hatters tea party in Alice in Wonderland and its wonderful commentary on the seriousness with which Victorian England took its tea?

Established in 1979, the Fullerton Arboretum has served the community as a premier resource for ecological, horticultural and historical education. The Fullerton Arboretum is the largest botanical garden in Orange County. Encompassing 26 lush acres, The Fullerton Arboretum has assembled a permanent collection of over 4,000 unique and unusual plant species from around the world. With its ponds, streams and wildlife, the Fullerton Arboretum offers a tranquil retreat from a fast-paced urban life.

Sale hours are 10:00 a.m. to 4:00 p.m. each day during the sale and admission is free. The Fullerton Arboretum is open daily from 8:00 a.m. to 4:45 p.m. For more information, go to www.fullertonarboretum.org or call (714) 278-3407.